The Academy of Nutrition and Dietetics

The Academy of Nutrition and Dietetics was founded in Cleveland, Ohio, in 1917 by a visionary group of women dedicated to helping the government conserve food and improve the public’s health and nutrition during World War I.

Today, the Academy of Nutrition and Dietetics is the world’s largest organization of food and nutrition professionals with over 75,000 members. The Academy is committed to improving the nation’s health and advancing the profession of dietetics through research, education and advocacy. More specifically they are responsible for:

**Empowering Members to be the Nation’s Food and Nutrition Leaders**

The Academy provides members with benefits they use every day, from professional publications to networking opportunities and continuing education resources. Members are kept up to date on key issues as well as developments in the broad field of food, nutrition and health. They are well equipped to drive the Academy’s mission of optimizing the nation’s health through food and nutrition.

**Providing Reliable and Evidence-based Nutrition Information**

The Academy’s dynamic website, [www.eatright.org](http://www.eatright.org), contains a wealth of nutrition information for consumers and the media, featuring...
approximately 5,000 pages of content from news releases and consumer articles to Eat Right Nutrition Tips, consumer FAQs and the Good Nutrition Reading List. Consumers seeking the services of a registered dietitian can use the Find a Registered Dietitian feature on the Academy’s website. In addition, www.eatright.org offers links to many other nutrition-oriented sites.

Credentialing Dietetics Professionals
The Commission on Dietetic Registration awards credentials to individuals at entry and specialty levels who have met CDR’s standards for competency to practice in the dietetics profession, including successful completion of its national certification examination and recertification by continuing professional education or examination.

Advocating for Public Policy
The Academy’s government affairs office, based in Washington DC, works with state and federal legislators and agencies on public policy issues affecting consumers and the practice of dietetics, including Medicare coverage of medical nutrition therapy; licensure of registered dietitians; child nutrition; obesity; food safety; the Dietary Guidelines for Americans and other health and nutrition priorities.

Giving Back: the Foundation
The Academy of Nutrition and Dietetics Foundation was established in 1966 as a 501(C)(3) public charity. Its mission is to fund the future of dietetics through research and education. The Foundation achieves its goals by providing support for research, education and public awareness programs and is the largest grantor of scholarships in nutrition and dietetics. For the 2010–2011 academic year, the Foundation has invested in the future of the dietetics profession by awarding approximately $488,650 to more than 211 students through graduate, undergraduate and continuing education scholarships.

The Foundation’s signature public education program is Kids Eat Right, a program that uses social media channels, research and projects to connect registered dietitians with kids and their families to promote healthful eating and lifestyles. For more information visit www.kidseatright.org.

The Academy of Nutrition and Dietetics is the source for trustworthy, science-based food and nutrition information. Visit www.eatright.org to learn more.