

## Recognized Young Dietitian of the Year (RYDY)

APPLICATIONS ARE DUE January 31<sup>st</sup>

The purpose of the RYDY program is to recognize the competence and activities of younger dietitians in the Academy of Nutrition and Dietetics and to encourage their continued participation in Academy affairs. This group will be an additional resource from which the leadership of the Academy will develop both at the district, state, and national levels.

In addition to publishing the list of RYDY's in the *Journal of the Academy of Nutrition and Dietetics*, each awardee will receive a formal certificate of recognition from the President of the Academy.

### A. Criteria for Selection of RYDY

1. Member of the Academy of Nutrition and Dietetics
2. Age limit as of May 1 deadline, 35 years or younger
3. Active participation in the national, state, or district association
4. Is a Registered Dietitian.
5. Not previously selected as an RYDY.
6. Demonstrated concern for the promotion of optimal health and nutritional status of the population.
7. Demonstrated leadership, e.g., in legislation, research, education, management, etc., either in the Association or employment.

### B. Procedure for Selection

The complete responsibility for the selection of RYDY resides with Washington State. The coordinator is the Washington State Academy Awards Chair.

1. The maximum number of RYDY in Washington State, per year, is two (2). Affiliates may choose not to participate or to select fewer recipients than the maximum number.
2. Resume must be sent with the application

### C. Action Following Selection

1. A certificate of recognition will be sent to the selectee together with a congratulatory letter from the President of the Academy. If an affiliate association wishes to receive the certificates for presentation at a formal meeting, national headquarters must be notified in writing when the data sheets are submitted. Certificates are generally ready for distribution each year in July/August.
2. RYDY recipients will receive a name badge ribbon for use at the Academy's Food and Nutrition Conference & Expo™ (FNCE®) or state meetings following their selection.
3. The list of RYDY selected for the year will be published in a fall issue of the *Journal of the Academy of Nutrition and Dietetics*.
4. Publicity for affiliate RYDY's should be handled by the affiliate or district public relations chair.

## Washington State Academy Application Process for the RYDY Award

The purpose of the RYDY award is to recognize the competence and activities of younger dietitians in the Academy of Nutrition and Dietetics (the Academy) and to encourage their continued participation in Academy affairs. The group of nominees will be an additional resource from which the leadership of the Academy and Washington State Academy of Nutrition and Dietetics (Washington State Academy) will develop at the district, state and national level.

Washington State selects up to two (2) Recognized Young Dietitians annually. Applicants for Recognized Young Dietitian of the Year must be 35 years or younger on the May 1st deadline. A committee consisting of three Washington State Academy board members will select the winners using a point system.

To be considered for this award, the following information must be completed and submitted:

1. Submit the following to Washington State Academy at [wsand@quidnunc.net](mailto:wsand@quidnunc.net) as Word or PDF documents by email:
  - a. Letter of recommendation from individual or organization supporting the nomination, briefly explaining why nominee should receive the award
  - b. Resume or curriculum vitae

NOTE: all files emailed should begin with candidate's last name (e.g. "Smith – nomination form")

2. The nominee or a designated person shall complete the online application: <https://www.surveymonkey.com/r/WA-RYDYapp>

Completed nominee information (both online application and required documentation) will be accepted until **January 31, 2024**.

### **Submission checklist (for completion by January 31, 2024)**

- Complete Online Application (application link: <http://www.surveymonkey.com/s/WA-RYDYapp>)

*Email to the Washington State Academy at [wsand@quidnunc.net](mailto:wsand@quidnunc.net).*

- Letter of recommendation from the individual or organization supporting the nomination as to why the nominee should receive the award.
- Resume/CV of nominee.